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IFW

RESCISSION OF PREVIOUS NONPUBLICATION REQUEST (35 U.S.C. 122(b)(2)(B)(ii)) and, if applicable, NOTICE OF FOREIGN FILING (35 U.S.C. 122(b)(2)(B)(iii))	
Send completed form to: **Mail Stop PG Pub** Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450 Fax: (703) 305-8568	Application Number 10/681,971
	Filing Date 10/09/2003
	First Named Inventor Priester
	Title Muscle Training Apparatus and Method
	Attorney Docket Number 58349.US
	Group Art Unit 3711
	Examiner

A request that the above-identified application not be published under 35 U.S.C. 122(b) (nonpublication request) was included with the above-identified application on filing pursuant to 35 U.S.C. 122(b)(2)(B)(i). I hereby **rescind** the previous nonpublication request.

If a notice of foreign or international filing is or will be required by 35 U.S.C. 122(b)(2)(B)(iii) and 37 CFR 1.213(c), I hereby provide such notice. This notice is being provided no later than forty-five **(45)** days after the date of such foreign or international filing.

If a notice of subsequent foreign or international filing required by 35 U.S.C. 122(b(2)(B)(iii) and 37 CFR 1.213(c) was not filed within forty-five **(45)** days after the date of filing of the foreign or international application, the application is ABANDONED, and a petition to revive under 37 CFR 1.137(b) is required. See 37 CFR 1.137(f).

October 19, 2004
Date

Mark P. Crockett
Signature

Telephone No. 865-546-4305

Mark P. Crockett, Registration No. 47,507
Typed or printed name

This request must be signed in compliance with 37 CFR 1.33(b).

If information or assistance is needed in completing this form, please contact the Pre-Grant Publication Division at (703) 605-4283 or by email at PGPub@USPTO.gov.

CERTIFICATE OF MAILING OR TRANSMISSION

I hereby certify that this correspondence is being

deposited with the United States Postal Service with sufficient postage as first class mail in an envelope addressed to: Mail Stop PG Pub, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450,

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facsimile ((703) 305-8568) transmitted to the U.S. Patent and Trademark Office on the date shown below.

Name	Mark P. Crockett		
Signature	Mark P. Crockett	Date	October 19, 2004

PTO/SB/36 (08-03)